

# MPHATLALATSANE

DEPARTMENT OF SPORT, ARTS, CULTURE & RECREATION NEWSLETTER **NALEDI YA MESO**

OCTOBER 2023

## PRINCIPAL'S CORNER

Issue 7



In a bid to encourage a healthy and active lifestyle, DSACR once again hosted the annual National Recreation Day (NRD) and Big Walk. As a department we are appreciative to the Free State Provincial Government as well as the community of Mangaung for heeding our call and supporting the event. The aim of the event is to raise

awareness about positive and healthy lifestyles with the objective of reducing mortality rate and curbing the scourge of non-communicable diseases.

This issue also covers the important work that is done by our museum services unit. Museums play a pivotal role in our communities because they collect and preserve important objects and material that form part of our history. The efforts that our museum services unit is continuously undertaking to improve their component and services such

as the recent hosting of the South African Museums Association Road Show do not go unnoticed.

Another highlight in this issue was the Young Creatives Programme that took place in Hlohlolwane. I had the opportunity to spend a day with some talented grade 6 and 7 learners from Ruang Tsebo Primary School. The learners showcased their talents through staging dramas, displaying paintings, dancing and singing. The important role that is played by the Department of Sport, Arts, Culture and Rec-

reation became evident at this session because it our responsibility to nurture these young artists and ensure that they reach their full potential in their chosen fields.

It is my wish to see arts and culture becoming fashionable in our schools and communities. Art should no longer just be seen as a source of entertainment but rather a lifetime career path that one can follow.

**Mrs L.P. Mahasa**  
**MEC: Sport, Arts, Culture and Recreation**



sport, arts, culture & recreation  
Department of Sport, Arts, Culture and Recreation  
FREE STATE PROVINCE

# DSACR HOSTS BIG WALK AND NATIONAL RECREATION DAY



The Free State Department of Sport, Arts, Culture and Recreation hosted the annual Big Walk and National Recreation Day programme in Bloemfontein on the 6th October 2023 as part of the quest to promote healthy lifestyles in communities.

The hosting of the National Recreation Day as an annual programme is the resolution of national Cabinet. This Cabinet resolution has paved a way for a nationwide campaign to educate society around the importance of recreation

and engaging in physical activities and programmes to promote healthy lifestyles with the following specific outcomes:

- 1) Increase and maintain adequate levels of health enhancing physical activity for all South Africans;
- 2) Contribute to the achievement of optimal health for all, the complete physical, mental and social wellbeing;
- 3) Promote active recreation and increase physical activity;
- 4) Improve the health and well-being of the nation by providing participation opportu-

nities through active recreation.

The Big Walk Programme has seen massive growth since its debut in 2012. The 2023 walk had two routes the first route was from Dr. Rantlai Molemela Stadium (8,5 Kilometers Walk) and the second route commenced from Paradise Hall to Central University of Technology (5 Kilometers Walk). Participants from various government departments, community members and stakeholders took part in the walk.

The big walk was fol-

lowed by the Recreation Day programme which was held at the Central University of Technology. In his address during the event HOD Steve Tshabalala encouraged the participants to adopt and lead active lifestyles and in order to promote lifelong wellness.

“A healthy lifestyle is exercised over a long period of time and not just once a year during programmes such as these. Your health should be a priority to you, we are part of a society that is faced with a variety of health challenges

ranging from obesity, cardiac diseases, diabetes and hypertension”, said Tshabalala. HOD also took the opportunity to thank all the participants and stakeholders for supporting the event. Public and private sector partners such as Athletic Clubs, Free State Sport Confederation, Mangaung Golden Games, Love Life, GEMS, SANLAM, Old Mutual and Liberty Life were also on board to provide healthy living promotional programmes.



## DSACR HOSTS THE 2023 PROVINCIAL RURAL SPORT DEVELOPMENT PROGRAMME FINALS



The Department of Sport, Arts, Culture and Recreation, in partnership with the Thabo Mofutsanyaana District Municipality, Maluti A Phofung Local Municipality, Free State House of Traditional Leaders, Netball, Football and Athletics Federations hosted the annual Provincial Rural Sport Develop-

ment Programme provincial finals in Phuthaditjhaba, Qwaqwa on the 14th October 2023.

The Rural Sport Development programme (RSDP) is aimed at developing sport and providing a platform for the youth in rural areas to showcase their talents in various sporting codes such as netball and

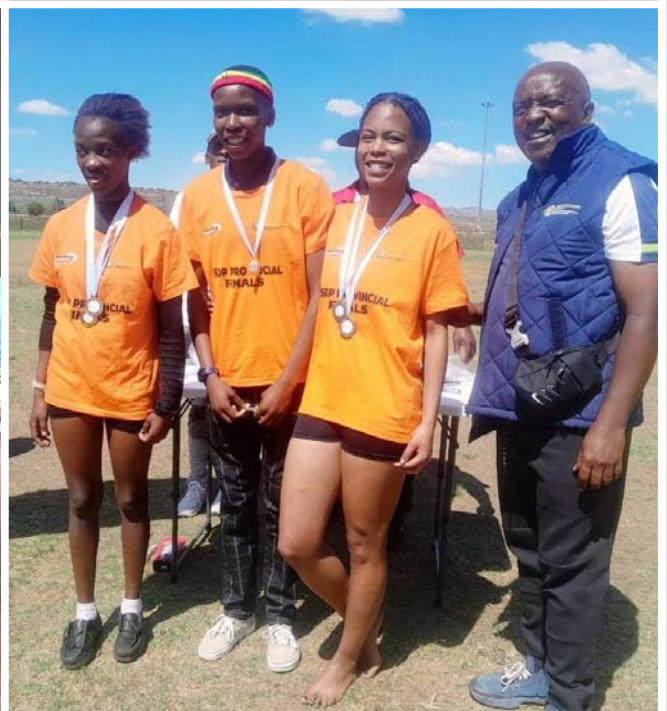
football. The programme is focused on areas that are under Traditional Leadership. This programme was launched nationally in 2016.

The programme currently has fifty-two U/13, fifty-four U/15 male football clubs and six female football clubs. The programme has fourteen U/15 netball clubs, twelve U/19

clubs and eight athletics clubs. All these clubs took part in leagues as per their streams which commenced in April 2023 and the two teams topping the log were afforded an opportunity to represent their streams at the provincial finals.

The programme which has grown in leaps and bounds since its

conceptualization in 2017, is one of the sport development opportunities provided to young people particularly in rural areas to participate in productive sport activities. 900 athletes, technical officials and coaches made this provincial programme a success.



## FREE STATE DELEGATES ATTEND THE 87TH SOUTH AFRICAN MUSEUMS ASSOCIATIONS' NATIONAL CONFERENCE



On the 2nd to the 5th October 2023, Free State Provincial Museum Services representatives attended the 87th South African Museums Associations' (SAMA) National Conference, which took place at the Inkosi Albert Luthuli Museum in KwaDukuza, KwaZulu Natal.

This biographical museum takes its name from Chief Al-

bert John Mvumbi Luthuli who was the epitome of exemplary leadership. He was a farmer, businessman, Christian, traditional leader, politician and President-General of the African National Congress. Inkosi Albert Luthuli was the first South African to receive the Nobel Peace Prize in 1960.

SAMA is a profes-

sional association that has been in existence since 1936, it has a proud tradition of serving the broader museum community and providing opportunities for participation and development in the museum field.

The 2023 SAMA National Conference was held under the theme: "Re-collections and Re-configuring the South African Heritage Landscape".

The conference theme, as outlined into different sub-themes aimed at addressing issues that have affected South Africa in the recent past which continue to pose challenges such as, inadequate budgets, the preservation of heritage infrastructure and the lack of museum professionals and practitioners, to mention but a few. The theme

challenges museum professionals and practitioners to consider the role of museums in a country that must deal with a traumatic past and still grapples with reconciliation, a society that is affected by climate change and environmental issues, social ills and embracing opportunities presented by modern technology.

Museum profes-

sionals are challenged to envision the future of South African museums. How they can recollect and reconfigure this landscape through transformed museums that can accommodate all its audiences through balanced representation. Museums are not

only repositories of artefacts and specimens, but they also play a critical role in shaping the public's understanding of culture, arts and the environment, as well as, contributing to the wellbeing of their visitors and communities.

Delegates in attendance included Ms

Lebohang Nyenye, who is a Manager of Provincial Museums and also the SAMA Free State Regional Chairperson. Mme Nyenye chaired a session on the future of museum collections, which was aimed at redefining collections management as a core function.

The DSACR sponsored the attendance of Mr Johannes Moshao from the Global Village Museum, in Grassland, Bloemfontein. The Global Village Museum rural is a small museum that plays a significant role within its community. The development and support of

small-scale museums takes priority in order to achieve the Department's purpose, to transform, develop, and manage arts, culture, museums, heritage and language services in the province.



Ms Mandisa Mangesi from the Caledon River Museum in Smithfield attended the conference to learn more about best practices with regard to the preservation and conservation of heritage objects. This conference will greatly assist her

in her day-to-day management of the heritage objects at her Museum, which houses a number of significant heritage objects. Among these is a six pound ship cannon which has been declared as a provincial heritage asset. The cannon played a signifi-

cant role throughout the Basotho wars.

Ms Gloria Moreeng from Free State Archives rendered a paper titled "The Study of the Historical Moroka House of the Barolong Boo Sekela in Thaba Nchu".

The paper profiles the over 60 years

old Chief Moroka house, which is currently suffering from neglect, which may render it in a state of disrepair. The house is an important cultural landmark in the town. The study is aimed at a thorough reassessment of the site and its nomi-

nation for declaration, as a significant heritage site in accordance with the National Heritage Resources Act.

# SOUTH AFRICAN MUSEUMS ASSOCIATION FREE STATE AND NORTHERN CAPE ROADSHOW



The South African Museums Association (SAMA) embarked on a road show in the Free State and Northern Cape Provinces. The show was aimed at reviving museums as well as to encourage collaborations, support and sharing of resources for the advancement of the sector.

The following Free State and institutions participated in the road show: Anglo-Boer War Museum, Bofihla Museum, Global Village Museum, Free State Museum Services, Mangaung Metro Municipality, Free State liquor gambling & Tourism authority, Free State University Art gallery, National Afrikaans Literary Museum, National Museum, Pinedene Small Arms and SA Armour Museum.

The Northern Cape roadshow was represented by McGregor Museum and Satellites, Northern Cape Department of Sport, Arts and Culture, William Humphreys Art Gallery and Sol Plaatje University. The roadshow played a pivotal role as a build-up to the SAMA-Free State and Northern Cape regional conference which was held in partnership with the Department of Sport, Arts, Culture and Recreation.

# YOUNG CREATIVES PROGRAMME IN HLOHLOLWANE



On the 27th October 2023, MEC Limakatso Mahasa spent the day with Grade 6 and 7 learners at Ruang Tsebo Primary School in Clocolan as part of the Young Creatives Art Day Pro-

gramme. The Young Creatives Art Day event aimed to conscientise the young people of the various career choices available in the creative and art sector. The learners showcased their talents with

drama, dance and poetry performances. MEC Mahasa encouraged the learners to stay in school and not get enticed by wrong doings such as substance abuse. Some parents also came to support the

event which is pivotal in the development and grooming of a child.

The Young Creatives programme seeks to create and foster a cadre of patriotic young people within the creative

industry. Disciplined, responsible, confident and self-reliant individuals who are culturally aware and involved in voluntary projects that contribute to community development.



# RUGBY WORLD CUP FAN PARKS



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