



21 February 2022

## DSACR TO HOST SENIOR CITIZENS GAMES

The Free State Department of Sport, Arts, Culture and Recreation (DSACR) in collaboration with the Office of the Premier, Provincial Senior Citizens Committee, Lejweleputswa District Municipality as well as the Tswelopele Local Municipality will host the 2022 edition of Senior Citizens Games on 23 February 2022.

These Games are aimed at reactivating Senior Citizens after the sector was affected by the COVID-19 global health pandemic hence many of our Senior Citizens were at a high-risk of contracting the virus due to a number of comorbidities. Participants will take part in the following sport codes:

- Ball pass & Kick
- Duck walk
- Ball Relay
- Ring the Stick
- Rugby ball throw
- Dress up
- Jukskei
- Goal shooting
- Passing the ball

The 2022 edition of Senior Citizens Games will be hosted as follows:

**DATE:** 23 February 2022

**TIME:** 08:00 Till 14:00

**VENUE:** Tikwane Stadium (Hoopstad, Free State).

Private Bag X20606, Bloemfontein, 9300

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Commenting about this programme, the Free State MEC for Sport, Arts, Culture and Recreation Me Limakatso Mahasa stated that, “In building an active and winning nation, the Free State Department of Sport, Arts, Culture and Recreation will spare no effort in ensuring that our senior citizens are part of this ideal. We seek to build a society wherein sport and recreation are part of every citizen’s lifestyle and contribute towards good health for all. This programme will be a platform where our senior citizens get to keep themselves active and take care of their health.”

**Issued by the Free State Department of Sport, Arts, Culture and Recreation (DSACR)**

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