

Corona Virus /Covid 19 Terminology 2020

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Term	Definition	Sesotho
Quarantine	A state, period, or place of isolation in which people or animals that have arrived from elsewhere or been exposed to infectious or contagious disease are placed.	Ho kwalla sebakeng se ikgethileng
Lockdown	A state of isolation or restricted access instituted as a security measure	Ho kwala/ho kwalla
Proximity	Nearness in space, time, or relationship.	Bo haufi/katamelao
Co-morbidity	Co morbidity is the state of having multiple medical conditions at the same time, especially when they interact with each other in some way. Morbidity is the state of being sick or having a disease	Ho kula/ ho ba le mafu
Guidelines	A general rule, principle, or piece of advice	Metjhatataiso/metjha ya tataiso
Droplets	A very small drop of a liquid	Marothodi
Contact tracing	Contact tracing is the process of identifying, assessing, and managing people who have been exposed to a disease to prevent onward transmission	Patlisiso/phuphutso
Social distancing	Social distancing, also called “physical distancing,” means keeping space between yourself and other people outside of your home. To practice social or physical	Ho qoba katamelano

	distancing: Stay at least 6 feet (about 2 arms' length) from other people	
Self isolation	Self-isolation is a way to keep yourself from possibly infecting others if you think you might be infected. It involves limiting contact with public places, relatives, friends, colleagues, and public transport	Boikgethollo
Virtual meeting	A virtual meeting is when people regardless of their location, use video, audio and text to link up online. Virtual meetings allow people to share information and data in real time without being physically located together.	Kopano ka dikgonahano/ kopano ka marangrang.
Risk adjustment approach	To calculate the value to be added by multiplying the probability.	Motjha o tobang kotsi
Spanish flu	A deadly influenza (H1N1)	Feberu ya sespenishi
Great depression	Great depression was a severe worldwide economic depression that took place during the 1930'	Kgatello moruoung/ katello e kgolo ya moruo
Class suicide	All classes of death resulting directly or indirectly from the positive or negative acts of the victims.	Lefu la mefuta yohle ya batho
Elbow	elbow joint is a complex hinge joint formed between the distal end of the humerus in the upper arm and the proximal ends of the ulna and radius in the forearm	Setsu
Mask	A covering made of fibre or gauze and fitting over the nose and mouth to protect against air pollutants, or made of sterile gauze and worn to	Semonkwane/maske

	prevent infection of the wearer or (in surgery) of the patient	
Corona virus	Coronavirus: a type of common virus that infects humans, typically leading to an upper respiratory infection (URI.)	Vaerase ya khorona/ kokwanahloko ya corona
Vaccine	A substance used to stimulate the production of antibodies and provide immunity against one or several diseases, prepared from the causative agent of a disease, its products, or a synthetic substitute, treated to act as an antigen without inducing the disease.	Vaksini
Inflamed lungs	Pneumonitis (noo-moe-NIE-tis) is a general term that refers to inflammation of lung tissue. Technically, pneumonia is a type of pneumonitis because the infection causes inflammation	Matshwafo a ruruhileng/motshwafo a bororusi
Sanitizer	Sanitizer is a substance or fluid designed to kill germs on skin and objects	Sanithaeza
Alcohol spirit	Generally, the alcoholic concentration of spirits is rather high, usually over 60%. ... As flavouring agents, they are used to impart the flavour of their solute to other pharmaceutical preparations	Mokedikedi o nang le jwala
Restriction	A limiting condition or measure, especially a legal one	Kgino/thibelo
Essential service	Essential services may refer to a class of occupations that have	Tshebeletso tsa mantlha/ tshebeletso tsa bohlokwa- hlokwa

	been legislated by a government to have special restrictions in regard to labour actions such as not being allowed to legally strike.	
Disaster	A sudden accident or a natural catastrophe that causes great damage or loss of life.	Koduwa
Pandemic	An outbreak of a pandemic disease.	Sewa
Steering committee	A committee that decides on the priorities or order of business of an organization and manages the general course of its operations.	Komiti ya tekolo/ komiti e lekolang
Task team	Is a group of people joined temporarily or permanently to accomplish some task or to be engaged into some project	Sehlopha sa mosebetsi o ikgethang
War room	A command center is any place that is used to provide centralized command for some purpose. While frequently considered to be a military facility, these can be used in many other cases by governments or businesses	Taolong/ bolaoding
Virus spread	The spreading of the virus in an area	Ho ata ha vaerase/kokwanahloko
Airborne	Transported by air	-tsamayang ka moya
Precaution	A measure taken in advance to prevent something dangerous, unpleasant, or inconvenient from happening	Boitshireletso/tshireletso
Directive	An official or authoritative instruction	Taelo

Screening	The evaluation or investigation of something as part of a methodical survey, to assess suitability for a particular role or purpose	Tekolo/ tlhahlobo
Test kit	Equipment used for testing patients	Sesebediswa sa diteko/teko
Test	A procedure to confirm symptoms	Teko
Screening temperature	Non-contact infrared thermometry temperature measurement for screening fever	Tekolo /tlhahlobo ya motjhesomohatsela
Personal protective equipment (PPE)	PPE is equipment that will protect the user against health or safety risks at work. It can include items such as safety helmets, gloves, eye protection, high-visibility clothing, safety footwear and safety harnesses. It also includes respiratory protective equipment (RPE).	Disebediswa tsa boitshireletso/ho itshireletsa
Inflammation	A localized physical condition in which part of the body becomes reddened, swollen, hot, and often painful, especially as a reaction to injury or infection.	Borurusi
Bacteria	a member of a large group of unicellular microorganisms which have cell walls but lack organelles and an organized nucleus, including some which can cause disease.	Baktheria
Disaster management	the organization and management of resources and responsibilities for	Taolo ya tlokotsi

	dealing with all humanitarian aspects of emergencies, in particular preparedness, response and recovery in order to lessen the impact of disasters.	
Risk management	The forecasting and evaluation of financial risks together with the identification of procedures to avoid or minimize their impact.	Taolo ya kotsi
Hazard	A danger or risk	Kotsi
Transmission	The action or process of transmitting something or the state of being transmitted.	Tshwaetsano/ ho ata ha tshwaetsano
Prevention	The action of stopping something from happening or arising	Thibelo
Cure	A substance or treatment that cures a disease or condition	Pheko
Recovery	A return to a normal state of health, mind, or strength.	Ho hlaphohelwa
Respirator	An apparatus used to induce artificial respiration	Sehemisi/ mochene o thusang ho hema
Surface	The outside part or uppermost layer of something	Sebaka/bokahodimo
Strict measure	adhering closely to specified rules, ordinances, etc	Mehato e thata/metjha e thata
Awareness	Knowledge or perception of a situation or fact.	Temoso /Thuto
Safety measure	Safety measures are activities and precautions taken to improve safety,	Mohato ya tshireletso

	i.e. reduce risk related to human health.	
Disinfectant	A chemical liquid that destroys bacteria	Selwantsha/ sebolaya dikokoanahloko
Fumigation	The action or process of disinfecting or purifying an area with the fumes of certain chemicals.	Ho futhela /ho lwantsha dikokoanahloko
Surgical mask	A surgical mask, also known as a face mask, is intended to be worn by health professionals during healthcare procedures	Maske/smonkwane
Examination	Inspection or investigation, especially as a means of diagnosing disease. Physical examination examination of the bodily state of a patient by ordinary physical means, as inspection, palpation, percussion, and auscultation.	Tlhahlobo
Discrimination	the unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, or sex	Ho kwekwetla/ho kotela ka thoko
Patient	A person receiving or registered to receive medical treatment	Mokodi
Recommendation	a suggestion or proposal as to the best course of action, especially one put forward by an authoritative body	Kgothaletso
Biometric system	A biometric system is a technological system that uses information about a person (or other biological organism) to identify that person	Motjhene wa bayomatriki/motjhene o menwana /motjhene wa boitsibiso
Access control	Access control is a	Taolo ya ho kena/ho tswa

	security technique that regulates who or what can view or use resources in a computing environment. It is a fundamental concept in security	
Zoom	Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online	Zumu/zoom
Regulation	A rule or directive made and maintained by an authority	Molao/molawana
Hotline	A direct telephone line set up for a specific purpose, especially for use in emergencies or for communication between heads of government	Mohala wa thuso/mohala o kgethehileng
Call centre	An office in which large numbers of telephone calls are handled, especially one providing the customer services functions of a large organization	Setsi sa mehala
Inspector	An official employed to ensure that official regulations are obeyed, especially in public services	Mohlahlobi/molekudi
Assessment	the action of assessing someone or something	Tekolo/tlhatlhobo
Mobile clinic	Mobile clinics are customized vehicles that travel to the heart of communities, both urban and rural, and provide prevention and healthcare services where people work, live, and play.	Tlilini e mabidi/ tlilini e tsamayang

Gloves	A covering for the hand worn for protection against cold or dirt and typically having separate parts for each finger and the thumb.	Diatlana
Personal hygiene	This practice includes bathing, washing your hands, brushing your teeth, and more. Every day, you come into contact with millions of outside germs and viruses.	Boitlhokomelo/boitshireletso
Cloth mask	Mask made from cloth material	Maske wa lesela/semonkwane sa lesela
Consultation	The action or process of formally consulting or discussing	Puisano
Cabinet	A cabinet is a body of high-ranking state officials, typically consisting of the top leaders	Kabinete
Prohibit	Formally forbid someone from doing something	Thibela/sa dumelwang
Tobacco	The plant of the nightshade family which yields tobacco, native to tropical America	Kwae
Alcohol	any organic compound whose molecule contains one or more hydroxyl groups attached to a carbon atom	Jwala/alkhoholo /mokedikedi o jwala
Permitted goods	Products permitted to be sold under covid 19 levels regulations	Thepa e dumeletsweng
World health organization (WHO)	(WHO) core function is to direct and coordinate international health work through collaboration.	Mokhatlo wa lefatshe wa tsa bophelo
Mortal remains	That which remains of a	Setopo/ masalla a mmele

	human body after death	
Disposal	The action or process of getting rid of something	- tse lahlwang/ lahilweng
Information dissemination	The process of disseminating information	Ho tsamaisa Lesedi/tsamaiso ya Lesedi
Graph	A diagram showing the relation between variable quantities, typically of two variables, each measured along one of a pair of axes at right angles.	Krafo
Curve	A line or outline which gradually deviates from being straight for some or all of its length	Mokokotlo/khefe
Public transport	Transport mode used by the public	Dipalangwa tsa bohle/tsa setjhaba
Compliance	The action or fact of complying with a wish or command.	Ho latela taelo / Boikamahanyo
Compliance officer	A person who is employed to ensure that a company does not contravene any statutes or regulations which apply to its activities	Mohlanka wa boikamahanyo
Sample	A small part or quantity intended to show what the whole is like	Sampole
Tissue	Any of the distinct types of material of which animals or plants are made, consisting of specialized cells and their products	Tishu
Saliva	Watery liquid secreted into the mouth by glands, providing lubrication for chewing and swallowing, and aiding digestion	Mathe
Sneezing	Make a sudden	Ho ithimula

	involuntary expulsion of air from the nose and mouth due to irritation of one's nostrils	
Prevention tips	Tips on the act or practice of stopping something bad from happening	Tsela ya ho thibela/ho itshereletsa
Coughing	Expel air from the lungs with a sudden sharp sound	Ho hohlola
Reported cases	People who are close contacts of a confirmed case or who have returned from overseas in the last 14 days; anyone admitted to hospital.	Ditlaleo tse nnetefaditsweng /diketsahalo tse nnetefaditsweng
Mild illness	Illness that is not very strong or severe	Bohloko bo seng bohale/Bohloko bo sa totang
Emergency	A serious, unexpected, and often dangerous situation requiring immediate action	Tlokotsi/
Warning signs	A warning sign is a type of sign which indicates a potential hazard	Matshwao a temoso/tlhokomediso
Symptoms	A physical or mental feature which is regarded as indicating a condition of disease, particularly such a feature that is apparent to the patient	Matshao
Medical attention	Medical attention means that level of medical care in which a physician provides acute care or active treatment of medical, surgical, obstetrical, psychiatric, chronic, or rehabilitative conditions, that require the observation, diagnosis, and daily treatment by a physician	Tlokomelo a bongaka e kenelletseng